



**The ASPIRA Association**  
**Academic Advisors Professional Development Program**

**Course Title:** How to Involve Parents with their Children Education

**Course Number:** AAT – 104

**Course Description:**



After completing this course ASPIRA Academic Advisors will be able to recognize and use a number of strategies and resources to involve parents with their children education as well as with their child school. They will master the basics of the tools and resources available to accomplish this goal.

**Course Duration:** 10 hours

**Course Outline:**

Goal	Learning Objectives	Learning Activities	Learning Resources
Academic Advisors will increase parents' involvement with their children education.	Advisors will understand how ASPIRA's Parents for Excellence in Education (APEX) program works and how it can facilitate the involvement of parents with their children education.	Counselors will learn the structure, content and function of the APEX program. They will visit the APEX web site for a general program overview and then examine the content of APEX manuals (facilitators and participants manuals).	Visit the APEX web site and study the content of each one of the <a href="#">APEX program manuals</a> .

Goal	Learning Objectives	Learning Activities	Learning Resources
		Counselors will learn the basics of how to implement the APEX program at their sites.	Study the <a href="#">APEX internal implementation outline</a> and learn how the APEX program is implemented.
	Advisors recognize resources available for providing support to parents.	Advisors will learn about resources for parents to help their children preparing their homework.	<p>Visit the <a href="#">Family Education web site</a> and develop a list of on-line resources.</p> <p>Visit <a href="#">Univision Educacion</a> web page to explore on-line resources in Spanish.</p> <p>Homework support/help resources:</p> <ul style="list-style-type: none"> <li>• <a href="#">Discovery Education</a></li> <li>• <a href="#">Great Schools top online homework support</a></li> <li>• <a href="#">Khan Academy</a></li> <li>• <a href="#">110 sitios con herramientas para el colegio; hacé tus tareas escolares con ayuda de la Web</a></li> </ul>
		Academic advisors need to help parents on how to assist their children to improve their test taking skills. Study the publication from the USDoE provided in the Learning Resources section.	<a href="#">Help Your Child Improve in Test-Taking</a> – US Dept. of Education

**Evaluation:**

After completing the above learning activities, the Academic Advisor will prepare a two-page (maximum) paper describing how he or she will plan to provide support to their student's parents in order to involve them with their children education as well as with their schools.

The above paper will become part of the Advisor training program evaluation portfolio.